

ACT NOW:

PROTECT LIHEAP!



We need your voice!
waynemetrol.org/jointhefight



Purpose of This Tool:

Save the Low Income Home Energy Assistance Program (LIHEAP) from
Federal Budget Cuts (2026)



A proven, results-driven initiative.

LIHEAP helps hard-working American families
afford essential heating and cooling services.

What Can You Do to Help?

- **Call your senators and representatives** (script below).
- **Share the campaign on social media** with a link to **take action**.
- Email or write a letter using a **provided template**.
- Share stories of how these programs impact **your** life.

How to Identify Federal Elected Officials

All you need is your ZIP code!:

- [Common Cause: Find Your Representatives](#)
- [Congress.gov: Members of Congress](#)
- [Who Represents Me? by GovTrack](#)

CLICK HERE



For a message from
[Congresswoman
Rashida Tlaib](#)

CALL YOUR SENATORS AND REPRESENTATIVES

Hello, my name is **[Your Name]** and I live in **[Your City, State or ZIP Code]**.

I'm calling to urge **[Senator/Representative Name]** to oppose any federal budget cuts that would hurt the **Low Income Home Energy Assistance Program (LIHEAP)**.

This program is essential to low-income families in our community. Cutting it would take away critical resources from children, seniors, and working families who depend on it every day.

Please protect LIHEAP and reject any budget that includes cuts to this life-saving service.

Thank you for your time and your leadership.

OR

Hi, my name is [Your Name], and I live in [Your City/ZIP Code].

I'm calling to urge **[Senator/Representative Name]** to oppose any federal budget cuts to the Low Income Home Energy Assistance Program (LIHEAP).

This program is vital to children, seniors, and working families in our community. Cutting it would put lives at risk.

Please protect LIHEAP in the 2026 budget.

Thank you.

SHARE THE CAMPAIGN ON SOCIAL MEDIA WITH A LINK TO TAKE ACTION.

COPY AND PASTE A STORY BELOW. USE THE CORRESPONDING GRAPHIC IF NEEDED!

ACT NOW: Protect the Low Income Home Energy Assistance Program (LIHEAP) from Budget Cuts!

The 2026 federal budget proposes dangerous cuts to **the Low Income Home Energy Assistance Program (LIHEAP)** and other programs that support families, children, and communities across the U.S.

These cuts would devastate our communities. We need your voice. It only takes 5 minutes.-----

#ProtectOurPrograms #Act4Community



[Square-General Use](#)



[4:5-Instagram](#)

MORE INFORMATION

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)



LIHEAP provides various forms of assistance, including

- Direct financial aid to help pay energy bills
- Emergency Assistance during crises
- Help with home repairs or weatherization to improve energy efficiency



**Talking
Points
HERE!**

KEY FACTS

6 Million Households

LIHEAP protects families by assisting 6 million households each year

8,500 Jobs

Weatherization supports more than 8,500 jobs, developing and training skilled construction, HVAC, and energy professionals

350% Return on Investment

Weatherization delivers \$1.72 in energy savings and \$2.78 in non-energy benefits for each \$1.00 spent and saves the average household \$372 annually through energy efficiency upgrades

\$3.9 Billion

LIHEAP reduces unpaid utility bills by \$3.9 billion annually, helping utilities stabilize rates and guarantee high quality service for all customers

34,000 children

were lifted out of poverty because of energy assistance in 2023

60,818 homes

were weatherized with LIHEAP funds in FY 2023, improving the health, safety, and affordability for those households

3 out of 10 households

receiving LIHEAP reported using their kitchen stove to heat their home at least once in the year preceding assistance. LIHEAP helps families avoid dangerous heating practices in winter

1 in 4 households

receiving LIHEAP reported that they could not afford to address the non-functioning furnace or cooling system in their homes. LIHEAP helps repair and replace broken systems, keeping homes safe and energy efficient

The need for year-round LIHEAP offerings is growing, especially the need for cooling assistance. In 2023, at least 2,325 people in the United States died from heat-related causes, a record high. LIHEAP protects people from extreme heat and cold in their homes. LIHEAP saves lives.